



AND ANNABELLE'S RUN

In cooperation with Tassal, we are excited to introduce the inaugural "Tassal Ten" Fun Run/Walk for Dover, to be held on Sunday, December 15 along with "Annabelle's Run"- 2 km just for the young ones.

Online registrations close Saturday, December 14 at 5pm.

The running events will be followed closely by Dover & South Action Group's Christmas Parade and party - so let's make a great community day of it!

RACE INFORMATION: ENTRY FEES:

TASSAL TEN (18 years and older):

\$30.00 plus payment processing fees

TASSAL TEN JUNIOR (12 to 17 years on event day):

\$15.00 plus payment processing fees

ANNABELLE'S RUN (for kids aged 2 to 12):

\$5.00 plus payment processing fees

ANNABELLE'S RUN PARENT/GUARDIAN accompanying children:

\$5.00 plus payment processing fees

Late registrations are available on the day until 8.30 am for Tassal 10 and until 10 am for Annabelle's Run (unless sold out).

Late Entry Fees: Tassal Ten \$35.00, Tassal Ten Junior \$20.00, Annabelle's Run \$5.00

Pick up your race number on the day of the event. Please turn up well before race start time!

Children under the age of 5 will have to be accompanied by a parent/guardian over 18 years old.

All kids will receive finisher medals!

Salmon burgers for all participants after the race, thanks to our sponsor Tassal.

All profits will go to the Paediatric Intensive Care Unit (PICU) at the Royal Hobart Hospital.

You can also donate to PICU during the registration or on the day.

Due to administrative and associated event consumables, refunds will not be issued.

START TIMES:

Tassal 10 (10 km): 9.00 am

Annabelle's Run (2 km): 10.30 am

PRE-RUN BRIEFING

Tassal 10: 8.50 am

Annabelle's Run: 10.20 am

Walkers and prams are welcome in this event. However, time limit for Tassal 10 is 2 hours.

SAFETY FIRST!

The event is run in accordance with Police permits and all instructions must be followed!

RACE ENQUIRIES:

P. Race Director 0437 100 431

E. tassalten@farsouthfuture.org

W. farsouthfuture.org/events/tassalten

REGISTRATIONS:

www.registernow.com.au

[/secure/Register.aspx?E=36010](http://www.registernow.com.au/secure/Register.aspx?E=36010)

www.farsouthfuture.org/events/tassalten

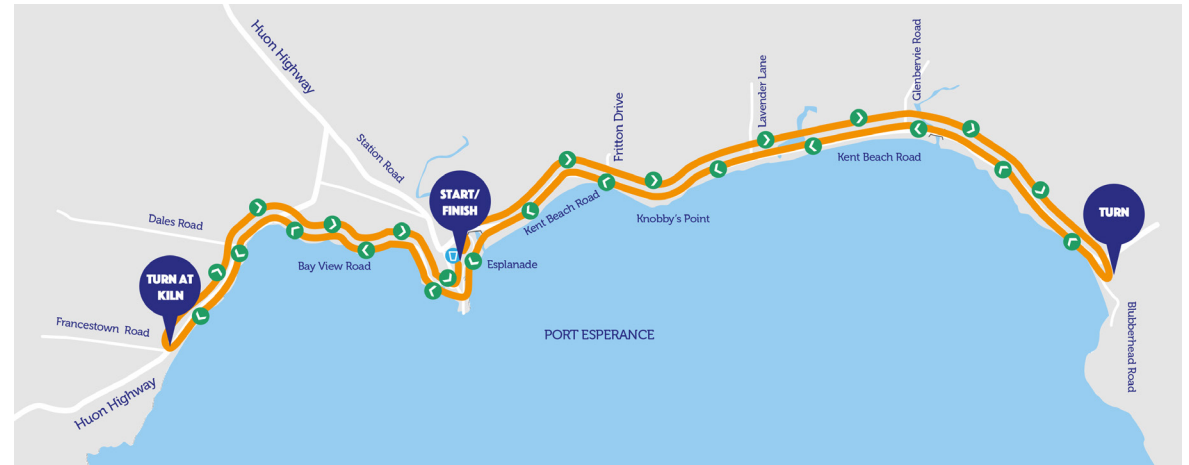


EVENT RULES

- Entrants will run on the approved course as directed and will not accept outside assistance.
- Entrants will accept any marshal, event volunteer, organiser or judge's decision as final.
- No competitor will be awarded an event placing unless they are wearing an event number on the front of their body visible throughout the entire event.
- No competitor deemed to have received outside assistance will be eligible for official placings or prizes.
- Officials, including but not limited to course marshals, drink station attendants and road traffic control personnel have the authority to disqualify or remove entrants from the course. Failure to obey the direction of an official will result in disqualification.
- The Event Organisers reserve the right to reject or cancel any entry in any event at any time particularly in but not limited to weather conditions that make the event dangerous. In any circumstances where cancelation is necessary due to safety concerns entry fees will not be refunded and recompense may not be claimed by entrants for any other consequential loss.
- Tassal 10 advises against wearing iPods with headphones and other personal audio devices for your safety and those around you. A safe runner is fully aware of their surroundings.
- Race organiser reserves the right to alter without notice any rules and conditions which govern the event.
- No cyclists or roller skaters to enter or accompany the run. Pets are not permitted for safety reasons.

COURSE MAPS

TASSAL TEN



ANNABELLE'S RUN



WAIVER

I ACKNOWLEDGE THAT:

- I participate in the Event at my own risk. I will take all reasonable measures to protect myself from the risks of participation. I accept all responsibility for travel and medical insurance and for payment and/or reimbursement of medical/surgical expenses incurred on my behalf.
- I understand that I should not compete in this event unless I have trained appropriately and to the best of my knowledge, I am not suffering from a condition which would prevent and/or render me unfit to participate in the Event.
- By competing, I accept all risks necessarily flowing from my participation that could result in injury or death. Accordingly, I release all people associated with the conduct of the event from, and will indemnify them against, all liability (including liability for their negligence) for any and all injury, loss or damage arising out of or connected with my participation in this event. For clarification, the people released include event organisers, sponsors, managers, government and public authorities, contractors, volunteers. This release and indemnity is perpetual and binds my heirs, executors, personal representatives, and assigns.
- I will abide by the race rules and any and all other instructions or rules provided to me in the course of participating in this event.
- I agree to receive and pay for medical treatment, which is considered by organisers to be advisable and which is provided to me at the request or direction of the organizer before, during or after the event. I have read the above Event Rules and agree to abide by all race rules and directions as stated in the declaration and upon literature and other material distributed in connection with the event.
- Entry information is to be collected into a database which is and shall remain the property of Tassal Ten Fun Run.
- The database will be used in the management of the race and for the purpose of the Tassal Ten Fun Run.
- I acknowledge that the information given on this form or otherwise provided by me (or my parent/s or guardian/s) to the Tassal Ten Fun Run is true and correct.
- I acknowledge that photos may be taken throughout the Tassal Ten Fun Run and consent to the use of my image in any form of media without payment or compensation.
- The organisers cannot be held responsible for lost or stolen valuables.
- By progressing with my entry and payment I accept the rules and conditions listed above.

DONATIONS

Paediatric Intensive Care Unit (PICU) at the Royal Hobart Hospital

The Tassal Ten Fun Run was born out of a long-standing desire to give back to the community, in thanks for the wonderful support for the Skinner family in their time of need.

Little Annabelle was just 17 months old when she was involved in a freak accident resulting in a horrific head injury.

Annabelle and her family spent anxious weeks by her side in Hobart's Pediatric Intensive Care Unit – with expert care and attention Annabelle made a full recovery and is now a happy healthy 5 year old.

At the time of her injury, Annabelle's parents Gemma and John became very aware of the pressures that the Hobart PICU face and they have nurtured the concept of a community Fun Run to support the Paediatric Unit.

Our inaugural event will be a fundraiser for Hobart's PICU and we know that our community will get behind this initiative.

